

Travel

world trip
planner &
journal



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2024

JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

MARCH

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

APRIL

S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE

S	M	T	W	T	F	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JULY

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	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

AUGUST

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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

SEPTEMBER

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8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER

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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

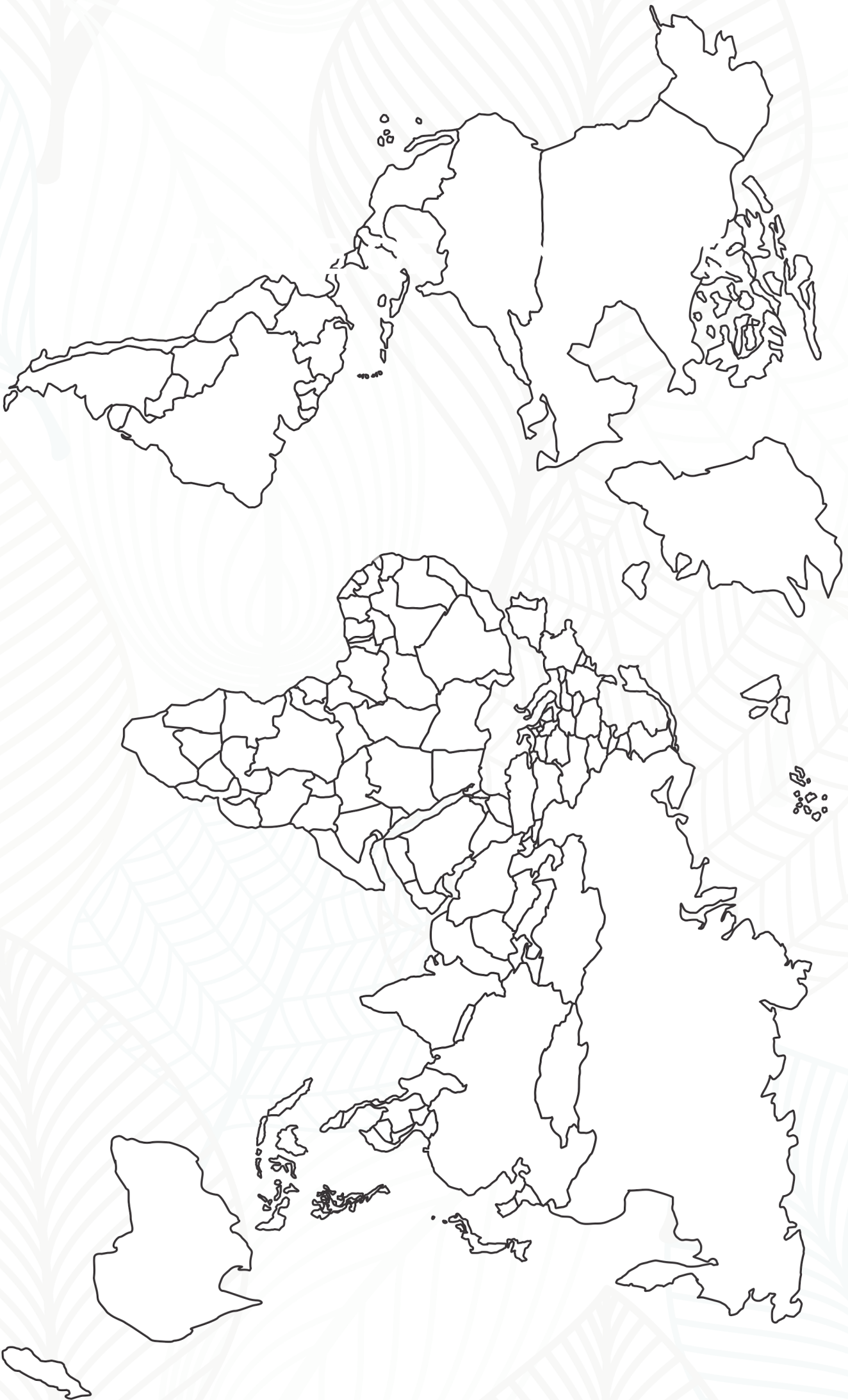
NOVEMBER

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17	18	19	20	21	22	23
24	25	26	27	28	29	30

DECEMBER

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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

countries | want to visit





**TRIP
PREPARATIONS**

DESTINATION BUCKETLIST

-
-
-
-
-
-
-
-
-
-
-
-
-
-
-



HELPFUL PHRASES

in other languages

PLACES TO SEE

TO DO LIST

BEFORE THE TRIP

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

PRIORITIES

LEAVE IT FOR LATER

medication & vaccination



Day

Month

NO.	TO DO	Y / N
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NOTES		

general travel tips

Budgeting for the Long Haul: Create a detailed budget considering accommodation, food, transportation, and activities for an extended period. Keep an emergency fund for unexpected expenses.

Long-Term Accommodation Strategies: Explore options like short-term rentals, house sitting, or hostels for cost-effective and varied accommodation.

Visa and Documentation Planning: Research visa requirements for each country on your itinerary. Keep both physical and digital copies of essential documents like passports, visas, and travel insurance.

Flexible Itinerary Design: Have a general itinerary, but allow for flexibility and spontaneity in your travels.

Pack Strategically for Diverse Climates: Pack lightweight and versatile clothing suitable for various climates. Invest in quality, durable gear that will withstand the rigors of long-term travel.

Stay Healthy on the Road: Establish healthy habits, including regular exercise and a balanced diet. Locate health facilities in each destination and carry a basic medical kit.

Digital Security and Backups: Use a reliable VPN for secure internet access. Regularly back up important documents and photos to cloud storage.

Reflect and Reassess: Periodically assess your travel goals and adjust plans accordingly. Take time to reflect on the incredible experiences you've had during your world journey.



TRIP PLANNING

WEEKLY TRAVEL PLAN

WHERE							
WHEN	MON	TUE	WED	THU	FRI	SAT	SUN
6 AM							
8 AM							
10 AM							
12 PM							
2 PM							
4 PM							
6 PM							
8 PM							
10 PM							

WEEKLY TRAVEL PLAN

JAN	FEB	MAR	APR	MAY	JUN
JUL	AUG	SEP	OCT	NOV	DEC

Monday	Tuesday	Wednesday
.....
Thursday	Friday	Weekend
.....	

notes

coming up

.....
.....
.....
.....
.....
.....

DAILY PLANNER

DATE :

S M T W T F S

ACTIVITIES PLANNED

IMPORTANT REMINDERS

MEAL PLANNER

NOTE

Travel Itinerary

Trip Information

Date Range : _____

Budget : _____

Activities : _____

Day 1



_____	<input type="checkbox"/>	_____
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Day 2



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Day 3



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Day 4



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_____	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____

Destination :

My Travel Planner

Destination

Transportation

Date & time

Hotel

Places to Visit

Budget Estimation

Notes

BUDGET PLANNER



DATE:

MONTH:

INCOME

DATE	DESCRIPTION	AMOUNT

EXPENSES

DATE	DESCRIPTION	AMOUNT

NOTE

--

BUDGET PLANNER



DESTINATION	
--------------------	--

TRAVEL DATES	
---------------------	--

TRANSPORTATION		
expenses	budget	actual
Total:		

ACTIVITIES		
expenses	budget	actual
Total:		

ACCOMMODATION		
expenses	budget	actual
Total:		

PRE-TRIP EXPENSES		
expenses	budget	actual
Total:		

FOOD & DRINK		
expenses	budget	actual
Total:		

OTHER		
expenses	budget	actual
Total:		

NOTES

GRAND TOTAL	budget	actual

PACKING LIST



CLOTHES

TOILETRIES

MEDICINE

ELECTRONICS

OTHER

UNDERWEAR

SHOES

IMPORTANT

ACCOMODATION INFORMATION

Name : _____

Check-in / out: _____

Date: _____ Costs: _____

Address : _____

Name : _____

Check-in / out: _____

Date: _____ Costs: _____

Address : _____

Name : _____

Check-in / out: _____

Date: _____ Costs: _____

Address : _____

Name : _____

Check-in / out: _____

Date: _____ Costs: _____

Address : _____

Flight Information

DATE	FROM	TO
TIME DEPARTURE		ARRIVAL
FLIGHT NO.		DURATION
AIRLINE		COSTS

DATE	FROM	TO
TIME DEPARTURE		ARRIVAL
FLIGHT NO.		
AIRLINE		COSTS

DATE	FROM	TO
TIME DEPARTURE		ARRIVAL
FLIGHT NO.		DURATION
AIRLINE		COSTS



Visa requirements

COUNTRY

PERIOD OF STAY

VISUM NEEDED

E-VISUM / ON ARRIVAL

COUNTRY

PERIOD OF STAY

VISUM NEEDED

E-VISUM / ON ARRIVAL

COUNTRY

PERIOD OF STAY

VISUM NEEDED

E-VISUM / ON ARRIVAL





**TRIP
JOURNAL**

TRAVEL JOURNAL

DATE:

S M T W T F S

MOOD:



VISITED PLACE(S)



WEATHER:



REMINDER TO:

EXERCISE:



TOTAL MINUTES:

TOTAL STEPS:

WHAT DID I DO?

TIME:

EVENT:

WHAT DID YOU LIKE BEST TODAY?

WATER INTAKE:



MEAL TRACKER:

BREAKFAST:

LUNCH:

DINNER:

SNACKS:

WHAT DID YOU LEARN?

MONEY SPENT:

TODAY I AM GRATEFUL FOR:

NOTES:

FOR TOMORROW:

GRATITUDE JOURNAL

DATE

S | M | T | W | T | F | S

WATER INTAKE



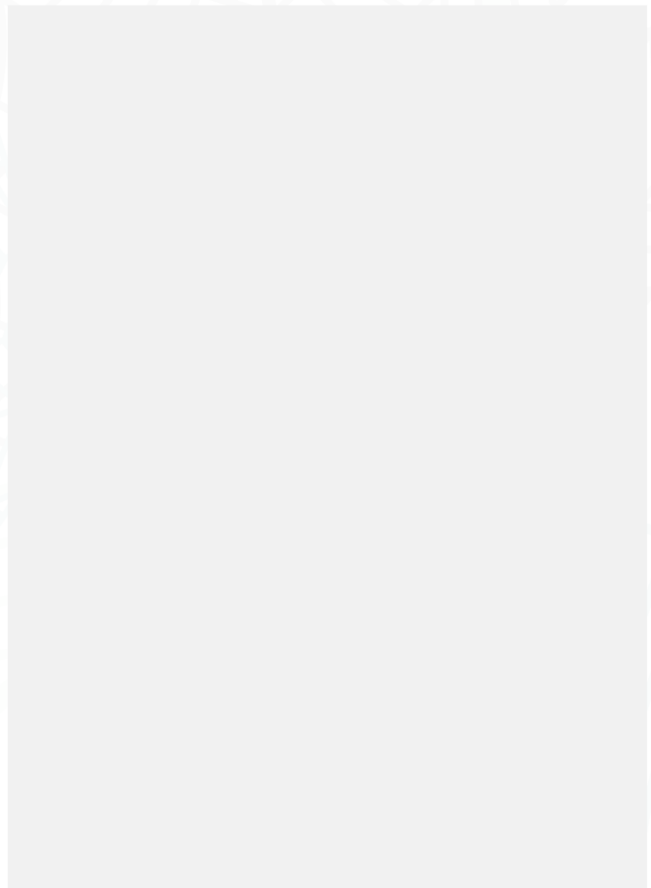
THINGS I'M GRATEFUL FOR TODAY

5 GOOD THINGS TODAY

DRAWING MY MOOD TODAY

THE FAILURE I RECEIVED TODAY

WHAT TO DO TOMORROW



GRATITUDE JOURNAL

DATE: _____

(S) (M) (T) (W) (T) (F) (S)

TODAY I'M GRATEFUL FOR:

-
-
-

TODAY'S AFFIRMATION:

-
-
-
-

SOMETHING I'M PROUD OF:

-
-
-
-

WATER INTAKE



TOMORROW I LOOK FORWARD TO:

-
-
-
-

NOTES/ REMINDERS:

DAY /
MON

INTENTIONS

I'M GRATEFUL FOR

DAY /
TUE

INTENTIONS

I'M GRATEFUL FOR

DAY /
WED

INTENTIONS

I'M GRATEFUL FOR

DAY /
THU

INTENTIONS

I'M GRATEFUL FOR

DAY /
FRI

INTENTIONS

I'M GRATEFUL FOR

DAY /
SAT

INTENTIONS

I'M GRATEFUL FOR

DAY /
SUN

INTENTIONS

I'M GRATEFUL FOR

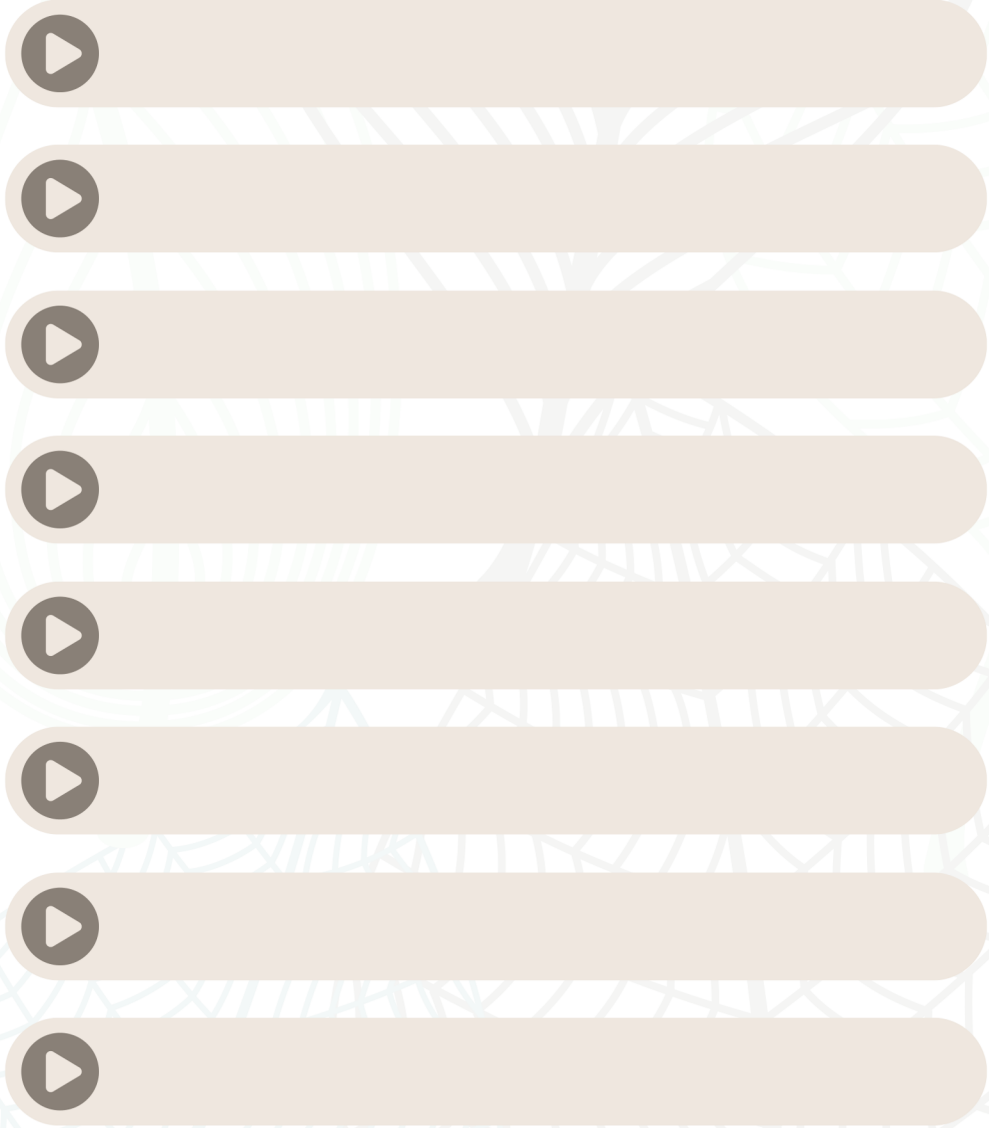
WEEK REVIEW



ACHIVEMENTS

THOUGHTS

My travel playlist



1:45

5:33



inspirational quotes

doodle page

